

May 2018 Breakfast Fredrick



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Yogurt Parfait Cereal Fruit Juice Milk	2 Biscuits and Gravy Cereal Fruit Juice Milk	3 Cinnamon Toast Scrambled Eggs Cereal Fruit Juice Milk	4 Donut Cereal Fruit Juice Milk
7 Oatmeal with Toppings Cereal Fruit Juice Milk	8 Breakfast Burrito Cereal Fruit Juice Milk	9 Biscuit and Gravy Cereal Fruit Juice Milk	10 Waffle Scrambled Eggs Cereal Fruit Juice Milk	11 Breakfast Pizza Flatbread Cereal Fruit Juice Milk
14 Breakfast Taco Cereal Fruit Juice Milk	15 Sausage Egg and Cheese Biscuit Cereal Fruit Juice Milk	16 Pancake Minis Cereal Fruit Juice Milk	17 Toast Scrambled Eggs Cereal Fruit Juice Milk	18

May 2018 Lunch Frederick



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Baked Potato Bar BBQ Chicken Dinner Roll Fruit Milk Salad Bar	2 Burrito Mexican Salad Spanish Rice Chips and Salsa Fruit Milk Salad Bar	3 Sweet and Sour Chicken Fried Rice Roasted Carrots Fruit Milk Salad Bar	4 BBQ Beef Sandwich BBQ Baked Beans Fruit Milk Salad Bar
7 Spaghetti with Meat Sauce Green Beans Garlic Knot Fruit Milk Salad Bar	8 Chicken Taquitos Refried Beans Spanish Rice Chips and Salsa Fruit Milk Salad Bar	9 BBQ Cheddar Mini Meatloaf* Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	10 Hot Ham and Cheese Sub Carrot Sticks Ruffles Fruit Milk Salad Bar	11 Stromboli Caesar Salad Marinara Sauce Sugar Cookie with Sprinkles Fruit Milk Salad Bar
14 Pig In a Blanket Mac and Cheese Green Beans Fruit Milk Salad Bar	15 Chicken Spaghetti Garlic Knot Italian Salad Fruit Milk Salad Bar	16 Mexican Flatbread* Beans Chips and Salsa Fruit Milk Salad Bar	17 Pulled Pork Sandwich Tater Tots Rice Krispie Treat Fruit Milk Salad Bar	