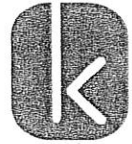


# April 2018 Breakfast Frederick



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sausage Biscuit Cereal Fruit Juice Milk	3 Oatmeal with Toppings Toast Cereal Fruit Juice Milk	4 Yogurt Parfait Cereal Fruit Juice Milk	5 Breakfast Taco Cereal Fruit Juice Milk	6  No School
9 Pancake on a Stick Cereal Fruit Juice Milk	10 Chocolate Muffin Cheese Stick Cereal Fruit Juice Milk	11 Biscuit and Gravy Cereal Fruit Juice Milk	12 Toast Scrambled Eggs Cereal Fruit Juice Milk	13 Breakfast Pizza Flatbread Cereal Fruit Juice Milk
16 Cinnamon Toast Yogurt Cereal Fruit Juice Milk	17 Bagel Breakfast sandwich (sausage , egg, cheese) Cereal Fruit Juice Milk	18 Waffle with Toppings Scrambled Eggs Cereal Fruit Juice Milk	19 Biscuit and Gravy Cereal Fruit Juice Milk	20 Blueberry Pancake Bites/French Toast Bites Cereal Fruit Juice Milk
23 Sweet Waffle Sticks Cereal Fruit Juice Milk	24 Breakfast Scramble Toast Cereal Fruit Juice Milk	25 Biscuit and Gravy Cereal Fruit Juice Milk	26 Breakfast Burrito Cereal Fruit Juice Milk	27 Cinnamon Roll Cereal Fruit Juice Milk
30 Pancake minis Cereal Fruit Juice Milk				

# April 2018 Lunch Frederick



**KEYSTONE  
FOOD SERVICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatball Sub Parmesan Fries Fruit Milk Salad Bar	3 Chicken and Noodles Biscuit Roasted Carrots Green Beans Fruit Milk Salad Bar	4 Nacho Bar (Queso Beef, Beans) Chips and Salsa Fruit Milk Salad Bar	5 BBQ Beef Sandwich BBQ Baked Beans Ruffles Fruit Milk Salad Bar	6  No School
9 Spaghetti with Meat Sauce Green Beans Garlic Knot Fruit Milk Salad Bar	10 Santa Fe Chicken* Wrap Baby Carrots Garden Salad Fruit Milk Salad Bar	11 Ranch Roasted Pork Loin Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	12 Burrito Bowl (Chicken, Cilantro Rice, Beans, Queso) Chips and Salsa Fruit Milk Salad Bar	13 Frito Chili Pie Chili Beans Fruit Milk Salad Bar
16 Pig in a Blanket Mac and Cheese Green Beans Fruit Milk Salad Bar	17 Chicken Soft Taco Spanish Rice Beans Chips and Salsa Fruit Milk Salad Bar	18 BBQ Pulled Pork Baked Potato Dinner Roll Fruit Milk Salad Bar	19 Flatbread Cheese Pizza Caesar Salad Fruit Milk Salad Bar	20 Cheeseburger Carrot Sticks Doritos Fruit Milk Salad Bar
23 Hot Italian Sub Cucumber Salad Ruffles Fruit Milk Salad Bar	24 Beef Enchiladas Spanish Rice Refried beans Chips and Salsa Fruit Milk Salad Bar	25 Teriyaki Chicken Lo Mein Teriyaki Glazed Carrots Fruit Milk Salad Bar	26 Country Fried Steak Mashed Potato and Gravy Dinner Roll Fruit Milk Salad Bar	27 Pizza Italian Salad Fruit Milk Salad Bar
30 Corn Dog Mac and Cheese Green Beans Fruit Milk Salad Bar				